



**WALLINGFORD PARKS & REC**

# **SUMMER KARATE KAMP 2024**

**Week 1: July 29 thru August 2**

**Week 2: August 5 thru 9**

Learn the art of Tang Soo Do, play fun karate games, break boards, & learn self-defense. Karate Kamp is a great way for students ages 4 to 11 to be introduced to a martial art while having fun!

**Kamp runs from 9:00 AM until 1:00 PM  
(drop-off at 8:30 if needed)  
Kampers should bring lunch**

**Cost: \$120./week**

**Kamp Director: Master Landry**

**Kamp Staff: Instructors of the Institute of Martial Arts**

**Highlights:**

- **Self Defense**
- **Martial Arts lessons**
- **Arts and crafts**
- **Provided snack**
- **Pizza/Movie Day**

**FOCUS-FITNESS-FUN!**



For more information contact Master Landry  
@ 203-654-0955

Registration information can be found in the Parks & Recreation Summer Program Booklet